The Temple of the People presents "Into the Heart of Gold"

and

"Tibetan Trinity: Life, Death, Time"

by Vladan Mijatovic Zivojnov

Photojournalist • Author • Documentary Filmmaker



Saturday Morning 5/18/24 10:30am-11:30am

Into the Heart of Gold: Book reading and Sounds of Shambala chants

University Center Gallery • 3171 Temple Street in Halcyon

Admission free

Meet photojournalist, documentary filmmaker, and wanderer Vladan Mijatovic Zivojnov as he reads from his latest book, *Into the Heart of Gold*, which documents his pilgrimage to meet with the Dalai Lama of Tibet. Vladan will also introduce a soundtrack of chants recorded during pilgrimages to Bodhgaya and the Himalayas.

In 1988 during his first pilgrimage to Dharmsala, India, the Yugoslav-born author became a student of the XVI Dalai Lama of Tibet, and that student-teacher practice has continued since. Vladan has served as both media and staff during the Dalai Lama's

Kalachakra for World Peace events in the US, India, and Europe, and documented the Dalai Lama's Mind & Life presentation at MIT and World Peace events at Central Park in New York City.

Saturday Afternoon 5/18/24
3:30-5:00pm
Screening of Tibetan Trinity: Life, Death, Time Part 3
Hiawatha Lodge • 3065 Temple Street in Halcyon
Admission free

"Time," the final part of the Tibetan Trinity documentary, was filmed in the Himalayas in a remote region of Kinnour, a disputed border territory between China and India. Although closed for 35 years for politically volatile reasons, both China and India temporarily lifted restrictions so His Holiness the XVI Dalai Lama of Tibet could visit the holy Mt. Kinnour Kailash to present two weeks of teachings in the practice of **Kalachakra for World Peace**. The filmmaker received special permission to document the event as more than 40,000 people came from Tibet, Ladakh, India, Nepal, Sikkim, Bhutan, and Mongolia to receive these high Buddhist teachings. The word *Kalachakra* means *Wheel of Time*. A Q&A will follow.

Sunday morning 5/19/24

10:30-11:30am

The author will speak at the Sunday service of the Temple of the People Blue Star Memorial Temple • 3199 Temple Street in Halcyon Admission free

With warmth and humor, author-filmmaker Vladan Mijatovic Zivojnov will share his experiences and insights as a pilgrim, wanderer, and student of His Holiness the XVI Dalai Lama. His focus is on opening up the mind and heart and applying ancient Tibetan wisdom to modern life conditions.

Sunday evening 5/19/24 6:30-6:55pm Pre-meditation gathering with meditation basics University Center Gallery • 3171 Temple Street in Halcyon Admission free

Gather in the quiet spirit of the "Life and Legends of Hiawatha" exhibit for a few minutes before meditating to Tibetan Buddhist chants. Free copies of "Meditation Basics" will be available. The Temple doors will open at 6:55pm.

7:00-8:00pm

Meditation to Tibetan Buddhist chants recorded live by the filmmaker Blue Star Memorial Temple • 3199 Temple Street in Halcyon Admission free

Join us for a one-hour meditation in the Temple to Tibetan Buddhist chants. Bring your own meditation cushion if you are a floor sitter. The Temple doors will open at 6:55pm.

All events are presented by the Temple of the People in Halcyon. All are welcome. Admission is free. Goodwill offerings gladly received.

For more information, use the contact link on our website, <u>templeofthepeople.org</u> or call (805) 489-2822